



Menu

BREAKFAST

- Full Breakfast** **1,500**
 (Hot beverage –tea / coffee / chocolate, potato wedges, pancakes, toasted bread, 2 eggs, 2 sausages, fried gizzard, a glass of juice)
- Mini Breakfast** **900**
 (Hot beverage – tea / coffee / chocolate, 2 sausages, toasted bread, omelete)
- Kenyan Breakfast** **1,000**
 (Hot beverage – tea / coffee / chocolate, sweet potatoes or boiled arrow roots, creamed spinach, omelette, samosa and boiled maize)

SNACKS

- 3 Beef Samosas** **250**
 (Served with salsa / kachumbari)
- 2 fluffy Pancakes** **200**
 (Served with honey)
- Fried Eggs** **150**
- Spanish Omelette** **200**
- 2 Beef Sausages** **150**
- Choma Sausage** **150**
- 3 Mandazi** **150**
- Toasted Bread** **150**
- Chapati Rolex** **300**
- GMC Mild Buffalo** **600**
 (Chicken wings (6 pieces), served with a side of fries & sweet sauce)
- GMC Spicy Buffalo** **1,200**
 (Chicken wings (12 pieces), served with a side of fries & spicy sour sauce)

KIDS CORNER

- Fish Fingers** **600**
- 1/4 Chicken Bread crumbed** **800**
- Chicken Nuggets** **600**
- Chicken Lollipops (4 pieces)** **600**
- Chicken Skewers (2 skewers)** **600**

All the above orders are served with kids sized fries & coleslaw salad. Tarter sauce served with fish fingers

- Kids Burger** **600**
- Spaghetti Bolognaise** **600**
 (Spaghetti served with minced meat)





MAINS

SOUPS

Goat Broth	200
Chicken Soup	200
Pumpkin Soup	250

MBUZI MANENOS

Mbuzi Choma (Char grilled tender goat meat)	1Kg 1,500 Half Kg 800
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Tumbukiza (Whole cut mbuzi meat boiled in it's own broth finished with potatoes, coriander and vegetables)	1Kg 1,800 Half Kg 1,000
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Marinated Choma (Char grilled goat meat marinated in organic herbs - rosemary, garlic ginger & meat and steamed in a combi oven)	1Kg 1,500 Half Kg 800
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Full Goat Rib	3,200
Hind Leg	3,000
Fore Leg	2,300
Whole Goat	20,000

Special Orders

Mbuzi Wet Fry (Slowly braised goat meat sizzled)	1Kg 1,800 Half Kg 1,000
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Mbuzi Dry Fry (Beef meat tossed in a medley of vegetables (Capsicum, Onions & Coriander)	1Kg 1,800 Half Kg 1,000
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BEEF MANENOS

Beef Wet Fry (Slowly braised beef meat sizzled in thick gravy)	1Kg 1,500 Half Kg 800
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Beef Dry Fry (Beef meat tossed in a medley of vegetables (Capsicum, Onions & Coriander)	1Kg 1,500 Half Kg 800
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CHICKEN DISHES

Yakitori Chicken (Char grilled chicken tossed with onions, green pepper, coriander & a touch of soy sauce)	1Kg 1,800 Half Kg 950
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Roadrunner Chicken (Slowly cooked free-range (Kienyeji) chicken cooked to perfection garnished with sliced capsicum)	1Kg 2,500 Half Kg 1,300
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Half Chicken Ticka **1,350**
(Masala served with vegetable rice or chapati)

Chicken Curry **1,200**
(1/2 boneless Chicken breast to be served with either Chapati or rice)

Egg Curry **600**
(Served with either chapati or rice)

FISH DISHES

Whole Tilapia **1,000**
(Fried in tomato & garlic sauce and served with a side order of your choice)

Fish Fillet **1,200**
(Grilled fish fillet in lemon butter sauce serves with fries)

FAMILY PLATTERS

Kuku Bahati (Can serve 4-5 people) **3,000**
(Family friendly platter consisting of roadrunner chicken (Kienyeji), corn, boiled eggs, potatoes, nduma (arrow roots))

Yakitori Platter (Can serve 4-5 people) **3,300**
(1 capon, 1/2Kg grilled mbuzi, kachumbari & 3 accompaniments)

Kienyeji Platter (Can serve 4-5 people) **4,200**
(Full Kienyeji Chicken, 1/2Kg grilled mbuzi, 2 pieces of choma sausage & 3 accompaniments)

Mbuzi & Chicken Combo **4,550**
(Can serve 5-6 people)

(Whole hind leg or ribs, 1/2 capon and 3 accompaniments)

VEGETERIAN DISH

Aloo Matar **700**
(Mix of green peas, potatoes, carrots & capsicum) served with either chapati or rice)

ACCOMPANIMENTS

Ugali **100**
Brown Ugali **150**
Mukimo **200**
Fries **200**
Roast Potatoes **200**
Vegetable Fried Rice **200**
Chapati (White or brown) **100**
Creamed Spinach **150**
Steamed Cabbage **100**
Mboga Kienyeji **200**
Managu **200**
Potato Wedges **250**
Chips Masala **250**
Lyonnaise Potatoes **250**
(Fried sliced potatoes tossed with onions)
Colombine Potatoes **250**
(Fried sliced potatoes tossed with onions & sweet pepper)

SALADS

Kachumbari **100**
Coleslaw Salad **100**
Chef's Salad **500**
Guacamole **600**
Fruit Salad (Topped up with Ice Cream) **500**





GMC COUPLE COMBOS

1/2 mbuzi grilled, 1/4 yakitori chicken, 2 beef sausages, 1 vegetable, 1 starch, 1 delmonte **2,300**

1/2 beef wet fry, 1/4 yakitori chicken, 2 starches, 2 vegetables, 1 delmonte **2,500**

Soup, 1/2 mbuzi choma, 1/2 capon, 2 starches, 2 vegetables, Dessert **2,700**



GMC FAMILY COMBOS

1 roadrunner, 1kg mbuzi choma, 2 roast potatoes, 2 ugalis, 2 vegetables, 2 delmontes **5,800**

1/2 capon, 1/2 beef, 2 beef sausages, potato wedges, fries, ugali, kachumbari, creamed spinach, sparkling wine **5,800**

2kg mbuzi choma, 1 capon, 1/4 liver, 4 beef sausages, 5 fries, 3 ugalis, 3 kachumbari, 750ml Jameson whiskey **12,000**

STREET BITES

Mutura	200
Choma Sausage	150
Smoocha	300
Hot Dog	300
2 Boiled Eggs	150
Chicken Skewer	150

SOFT DRINKS

Milkshakes	350
(Vanilla, Strawberry, Mango, Banana, Chocolate & Hazelnut)	
Delmonte Juice	450
(Ask for available selection)	
Fresh Juices	250
(Ask for available selection - Fruits in season)	
500MI Mineral Water	100
1Ltr Mineral Water	200
Scoop of Ice Cream	150

ENERGY DRINKS

Monster	350
Rebull	350

HOT BEVERAGES

White Coffee	200
Black Coffee	150
African Tea	150
Caffé Latte	250
Lemon Tea	150
Americano	200
Cappucinno	200
Caffé Macchiato	200
Masala Tea	200
Glass of Milk	200
Dawa	300

HERBAL TEA

Apple & Cinnamon	200
Purple Tea	200
Lemon & Lime Tea	200
Green Tea	200
Ginger Tea	200

SPECIAL DRINKS

Italian Coffee	500
Irish Coffee	500



FRAPPICINOS / FRAPPES

(Coffee / Espresso Based Milkshakes)

Caramel	450
Mocha	450
Strawberries Crème	450
Vanilla Bean Crème	450
Double Chocolate Chip	450

SMOOTHIES

Strawberry Dream	450
(Strawberry, Low fat milk, Banana ice cream / yoghurt)	
Berry Blitz	450
(Mixed Beries, Orange juice, Vanilla Ice Cream / yoghurt)	
Tropical Tango	450
(Mixed Fruits, Vanilla / Hazelnut Ice Cream)	
Fun Place Smoothie	450
(Peanuts, Vanilla Ice Cream, Passion Juice)	
Mintshake	450
(Vanilla ice cream, mixed berries, fudge sauce, mint leaves)	

MONSTER SHAKES

Monster Shakes	750
(Chocolate, Vanilla, Strawberry, Ice Cream shake topped with choco bomb, oreo, muffin cookies & garnished with sprinkles)	

MOCKTAILS

Shirley Temple	400
(Ginger Ale & Granedine)	
Cinderella	400
(Grenadine, Pineapple Juice, Mango juice and a dash of lemon juice)	
Rocky Shandy	400
(Soda water, Ginger Ale & a dash of Angostura Bitter)	
Virgin Mojito	400
(Stoney, Lemon juice, Sugar syrup & Mint leaves)	
Roy Roger	400
(Cola & Grenadine)	
Ceaser	400
(Lemon juice, Grenadine, COla & Mint leaves)	
Fizz Mocktail	400
(Blueberry, Lemon juice, Apple juice, Orange juice & Mango juice)	
Blueberry Mojito	400
(Blueberries syrup, Simple syrup, Mint leaves topped with Soda)	
Strawberry Mojito	400
(Strawberries syrup, Simple syrup, Mint leaves topped with Soda)	
Passion Mojito	400
(Passion juice, Simple syrup, Mint leaves topped with Soda)	
Lemonade	400
(Sweetened lemon juice mixed with Soda water and garnished with Mint leaves)	



BEERS (BOTTLES)

Balozi	300
Pilsner	300
Tusker	300
White Cap Lager	300
White Cap Crisp	350
Hunter's Gold	350
Tusker Lite	300
Tusker Malt	300
Guinness 500MI	350
Tusker Cider	350
Smirnoff Black Ice	300
Heineken	350
Desparados	350
Savannah	350
Kenya Originals	350
Hunter's Dry Cider	350
Smirnoff Pineapple Punch	300
Guinness Smooth (500ml)	350

BEERS (CANS)

Snapp	300
Black Ice	300
Guarana	300
Tusker Cider	350
Tusker Malt	350
Guinness	350
Smirnoff Orange & Lemon	300
Gordon's	350
Tusker Lite	350
Tusker Lager	350
White Cap	350

COCKTAILS

Classic Mojito	600
(White rum, Lime juice, Mint leaves topped with a dash of Soda water)	
Bay Breeze	600
(Vodka, Cranberry, juice & Pineapple juice)	
Blue Hawaii	800
(Bacardi clear, Blue curacao & Pineapple juice)	
Long Beach	800
(Vodka, Tequila, Rum, Triple sec, Gin & Cranberry)	
Black Russian	600
(Vodka & Kahlua)	
Tequila Sunrise	600
(Tequila, Orange juice & Grenadine)	
Blue Lagoon	600
(Vodka, Blue Curacao & Lemonade)	
Long Island Ice Tea	800
(Vodka, Gin, Rum, Triple sec, Gin & Cola)	

Mint Julep	600
(Jack Daniel's, Sugar syrup & Mint leaves)	
Cosmopolitan	600
(Vodka, Triple sec & Cranberry juice)	
Bee knees	600
(Gin, Lemon juice & Orange juice)	
Side Car	800
(Brandy, Orange liqueur & Orange juice)	
White Russian	600
(Vodka, Kahlua & Cream)	
Bull Frog	800
(Rum, Vodka, Gin, Triple sec, Tequila & Redbull)	
Margarita	600
(Tequila, Triple sec and lemon juice)	
Weng Weng	800
(Vodka, Tequila, Whisky, Brandy, Rum, Orange juice, Pineapple juice & Grenadine)	
Screw Driver	600
(Vodka & Orange juice)	
Memory Loose	600
(Vodka, Kahlua & Tonic)	
Mount Kenya Sunrise	800
(Blue curacao, Gin, Lime juice, Mango juice, Coke)	
Pink Lady	800
(Egg white, Grenadine & Gin)	
Whiskey Sour	800
(Whiskey, Lemon juice, Simple syrup garnished with Orange slices)	
Whiskey Smash	800
(Whiskey, Simple syrup, Mint leaves, & Crushed ice)	
Hot Toddy	800
(Whiskey, Lemon juice, Honey to taste, Lemon round)	
Special Dawa	800
(Double vodka, Lemon & honey topped up with Soda water)	
Manhattan	800
(Bouble bourbon, Single Martini Rosso, Angostura bitters, Lemon peel)	
Margarita	800
(Bouble tequila, Single triple sec shaken together with fresh lemon juice)	

HOMEGROWN COCKTAILS

Fun Place Paradise	700
(Double rum, Single triple sec topped with pineapple juice)	
GMC Cooler	700
(Single Vodka, Gin, Whisky, Rum, Triple sec built over Ice cubes with fresh lemon & topped with Soda water)	
Shooters B52	700
(Kahlua, Fruit liqueur - Bailey's or Amarula -, Triple sec layered together in a shot glass)	
Jäger Bomb	700
(Jägermeister with Redbull)	
Amarula Dom Pedro	700
(Amarula & Vanilla Ice Cream)	

LIQUOR

CATEGORY	ITEM	1L	750 /700ML	TOT
WHISKY	Johnny Walker Double Black	10,000	8,500	
	Johny Walker Black Label	6,500	5,500	300
	Johny Walker Red Label		3,500	250
	Chivas Regal		7,000	
	Jack Daniel's Honey	8,000	5,500	
	Jack Daniel's	8,000	5,800	300
	Jameson	5,400	4,300	250
	VAT 69		3,000	250
	William Lawson's Scotch Whisky		3,300	250
	Grant's		3,500	
	Ballantine's	5,000	3,500	
	Black & White		2,500	
	Monkey Shoulder		8,000	
	Famous Grouse		3,500	
	All Season		2,500	250
	Bullet Bourbon		5,000	
	Singleton 12yrs		7,000	
Singleton 15yrs		11,000		
SINGLE MALTS	Glenlivet Founders Reserve		10,000	
	Glennfidich 12yrs		9,000	
LIQUEUR	Amarula		4,000	
	Bailey's		4,000	250
	Jägermeister	6,000	4,500	250
	Triple Sec			300
	Blue Curacao			250
	Kahlúa			250
	Zappa (Blue, Clear Green)			250
BRANDY	Richot		3,000	
	Viceroy		2,300	
COGNAC	Hennessy VSOP		13,500	
	Hennessy VS		9,500	
	Courvoisier		11,500	
	Martel VS		8,500	
	Martel VSOP		12,000	
TEQUILA	Jose Cuervo Clear		4,000	
	Camino Clear		4,000	250
	Camino Gold		4,000	



GIN	Gilbey's	2,500	200
	Gordon's Pink	3,700	250
	Gordon's Clear	3,700	
	Beefeater	4,500	
	Beefeater Pink	4,500	
	Bombay Sapphire	4,500	
	Tanqueray	4,500	
KO Tambuzi	3,500		

VODKA	Ciroc	6,300	
	Smirnoff	3,300	250
	Absolut	4,000	250

RUM	Malibu	3,500	
	Captain Morgan Special	3,500	250
	Barcadi Cear	3,500	250
	Barcadi Spicial	3,500	250

APPERITIF	Martini Rosso	3,500	
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WINE

CATEGORY	ITEM	5L	1L /700MI	Glass
WINE	Asconi Pastoral		2,800	
	4th Street White	6,500	2,000	400
	4th Street Red	6,500	2,000	400
	Four Cousins Red	6,500	2,000	400
	Four Cousins White	6,500	2,000	400
	Drostdy Hof Red	6,500	2,200	400
	Drostdy Hof White	6,500	2,200	400
	Nederburg (Red or White)		2,700	



GMC HOUSE DRY WINE

Drostdy Hof (Per Glass) 400
(This is a young fresh dry wine with attractive perfumed bouquet which can be served as red or white depending on your preference & meal pairing)

GMC HOUSE SWEET WINE

Cellar Cask - JoBurg (Per Glass) 400
(This is a natural sweet wine full of Aroma & deliciously infused fruity with Muscat tones. Can be served as red or white depending on your preference & meal pairing)

CHAMPAGNES

Cellar Cask - JoBurg (Per Bottle) 13,000
(Rich & touch a touch sweet exuding citrus & honey flavours on an easy going frame. The palate is extra dry & medium bodied. It is best "popped" for celebrations & being at GMC Kitengela it's already a celebration so let's pop one or two)

SPARKLING WINES

Belaire Rare Lux (Per Bottle) 7,500
(This is a rare rose with a rich red fruit bouquet with an elegant palate of strawberry and black current resulting in a perfect harmony of aroma, taste body and finish)

Frogolino Rosso (Per Bottle) 3,000
(This is a rare type of grape which gets its name from the Italian for strawberry- fregola)

Nederberg Cuvee Brut (Per Bottle) 3,000
(A dry sparkling wine with Delicate fruitless crisp and fresh with a lingering after taste)

Zonin Prosecco (Per Bottle) 5,000
(It is made from Glera grapes, formerly known also as Prosecco but other grape varieties may be included)

Chamdor (Non-Alcoholic) (Per Bottle) 2,000
(A smooth sparkling white grape juice with a lively delicate grape bouquet)

RED WINE (By Bottle)

Nederberg 2,700
(A dry sparkling wine with Delicate fruitless crisp and fresh with a lingering after taste)

4th Street Red (Sweet) 2,000
(It has a fruity sweetness which comes from preserving fresh grape juice allowing no fermentation)

Robertson Red (Sweet) 2,500
(Fruity and soft with smooth sweet cherry and ripe berry flavors)

Nederberg Cabernet Sauvignon (Dry) 2,700
(A rich and full-bodied wine with ripe berry fruit flavors)

Nederberg Shiraz (Dry) 2,700
(A gentle aroma of coffee beans and flyboys in the background, with succulent plum and cherry flavors)

Nederberg Pinotage (Dry) 2,700
(It is made from the Pinotage grape, which is a hybrid of Pinot Noir and Cinsault grapes)

Nederberg Cuvee Brut (Dry) 3,000
(A dry sparkling wine with Delicate fruitless crisp and fresh with a lingering after taste)

Gato Negro Merlot 3,000
(A medium bodied with predominant notes of berries, cherry and cassis perfectly blending with soft tones of vanilla and chocolate)

Cellar Cask 2,000
(This is a natural sweet wine full of Aroma and deliciously infused fruity with Muscat tones. Can be served as red or white Depending on your preference and meal pairing)